



# Dosing Chart

Revised 2-25-08

	Day 1 - 2	Day 3 - 5	Day 6 - 8	Day 9 - 11	Day 12 - 14	Day 15 - on
TriEnza *New formula 2-5-08	1 capsule with <b>supper*</b>	1 cap with <b>breakfast</b> and supper*	1with breakfast, <b>lunch,</b> and supper*	1 with breakfast and lunch, <b>2 with supper*</b>	<b>2 with breakfast,</b> 1 with lunch, 1 with supper*	2 with <b>all 3</b> meals. Adjust future dosing based on results. Increase if needed.*
Peptizyde and AFP <b>capsules</b>	1/2 capsule with <b>supper</b>	1/2 capsule with <b>breakfast</b> and supper	1/2 with breakfast, <b>lunch,</b> and supper	1/2 with breakfast and lunch, 1 with supper	<b>1 with breakfast,</b> 1/2 with lunch, 1 with supper	1 with <b>all 3</b> meals. Adjust future dosing based on results. Increase if needed.
AFP <b>Chewable Tablets</b>	2 tablets with <b>supper</b>	2 with <b>breakfast</b> and supper	2 with breakfast, <b>lunch,</b> and supper	2 with breakfast and lunch; <b>3 with supper</b>	<b>3 with breakfast,</b> 2 with lunch, 3 with supper	3 tablets with <b>all 3</b> meals. Increase if needed.
Peptizyde and AFP <b>Powder</b>	1/8 teaspoon (tsp.) with <b>supper</b>	1/8 tsp with <b>breakfast</b> and supper	1/8 with breakfast, <b>lunch,</b> supper	1/8 tsp with breakfast, lunch; <b>1/4 tsp with supper</b>	<b>1/4 tsp with breakfast</b> and supper, 1/8 with lunch	1/4 tsp with <b>all 3</b> meals. Increase if needed.
<b>Grazers (all day eaters)</b>	Above dosing once daily	Above dosing twice daily	Above dosing 3 times daily	Lowest dose twice in morning, twice in afternoon	Lowest dose twice in morning, twice in afternoon	Above dosing every 3 - 5 hours; adjust as needed.
HN-Zyme Prime, Zyme Prime, and ZyCarb <b>Capsules</b>	1 capsule with dinner	1 capsule with breakfast and supper	Maintain	1 capsule with 3 meals	Adjust based on digestive changes. Increase if needed.	
Zyme Prime Chewable <b>Tablets</b>	2 capsules with dinner	2 with breakfast and supper	Maintain	3 tablets with 3 meals	Adjust based on digestive changes. Increase if needed.	
Zyme Prime <b>Powder</b>	1/4 teaspoon with supper	1/4 tsp. with breakfast and supper	Maintain	1/4 tsp with 3 meals	Adjust based on digestive changes. Increase if needed.	
No-Fenol <b>Capsules</b>	1/2 capsule, <b>once</b> daily	Maintain	1/2 cap <b>twice</b> daily	Maintain	Evaluate, <b>increase to 1 cap - 2 or 3 times daily,</b> if necessary.	
No-Fenol <b>Chewable Tablets</b>	1 or 2 tablets <b>once</b> daily	Maintain	1 or 2 tablets <b>twice</b> daily	Maintain	Evaluate, <b>increase to 1 to 3 tablets – 2 or 3 times daily,</b> if necessary.	
No-Fenol <b>Powder</b>	1/8 teaspoon, <b>once</b> daily	Maintain	1/8 tsp <b>twice</b> daily	Maintain	Evaluate, <b>increase to 1/4 tsp - 2 or 3 times daily,</b> if necessary.	